

# WELL BUILDING STANDARD

The Spaces Around Us Can Make Everyone, Everywhere, Healthier, Happier And More Productive.

## WHAT IS WELL?

The International WELL Building Institute's WELL Building Standard™ (WELL), is a performance-based certification system for measuring features of the built environment that impact human **health** and well-being. This certification is based on 10 categories of building performance— **Air, Water, Nourishment, Light, Movement, Thermal Comfort, Sound, Materials, Mind, and Community**. WELL is the first standard of its kind that focuses solely on the health and wellness of building occupants!



## OPTIMIZE BUILDINGS, ENHANCE LIVES

Humans today typically spend about **90%** of their time inside buildings. As such, finding ways to optimize buildings so they bring the best out of the occupants while enhancing their daily lives is more critical now than ever before. Strang has been a leading practitioner of WELL™ designed facilities, continually seeking out ways in which we can transform our buildings and communities to empower us to live **healthier, safer, and more productive lives**. Connect with us to learn how we can help you provide thoughtful design centered around health and wellness in the built environment.

*Strang's Madison Regional Office has achieved WELL Gold Certification - making it the first WELL certified project in Wisconsin!*

# WELL PERFORMANCE CATEGORIES



## AIR

Establishes requirements in buildings that promote clean air and reduce or minimize the sources of indoor air pollution.



## THERMAL COMFORT

Promotes human productivity and thermal comfort through improved HVAC system design and control.



## WATER

Promotes safe and clean, high quality water and improved accessibility for building occupants.



## SOUND

Identifies and mitigates acoustical comfort parameters for occupants.



## NOURISHMENT

Limits the presence of unhealthy foods and can encourage better food culture.



## MATERIALS

Reduces human exposure to chemicals that may impact health.



## LIGHT

Promotes lighting systems designed to increase alertness, enhance experience, and promote sleep.



## MIND

Optimizes cognitive and emotional health through design, technology, and treatment strategies.



## MOVEMENT

Promotes physical activity in everyday life through environmental design, policies, and programs.



## COMMUNITY

Supports access to essential healthcare and builds a culture of health that accommodates diverse population needs.

*Our WELL accredited subject matter experts are dedicated to advancing the health and well-being of building occupants!*

